

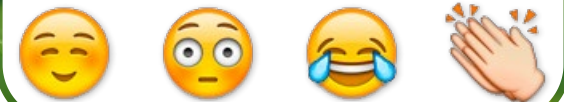


# Welcome!

Use the   
“Raise your hand”  
button  
... then lower it!

  
Use the Chat to tell  
us what you’re  
looking forward to  
this Spring?!

Use the Reaction  
button!



# Virtual Luncheon: Celebration & Sustainability Plans Pediatric Eating And Swallowing Provincial Project



**We begin by acknowledging that our work is conducted on the territories of Treaty Six, Seven, and Eight and the homeland of the Metis.**

**We also acknowledge the many indigenous communities that have been forged in urban centres across Alberta.**

**We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with indigenous communities in a spirit of reconciliation and collaboration.**



**EVERY  
CHILD  
MATTERS**



# Welcome

- Celebrate provincial teams
- Share evaluation results from balanced scorecards, focus groups and provider surveys
- Update on sustainability plans



Executive Director, Ambulatory  
Care Site Director, ACH

**Natasha Tiemstra**



Practice Director, Provincial  
Speech-Language Pathology

**Julie Evans**

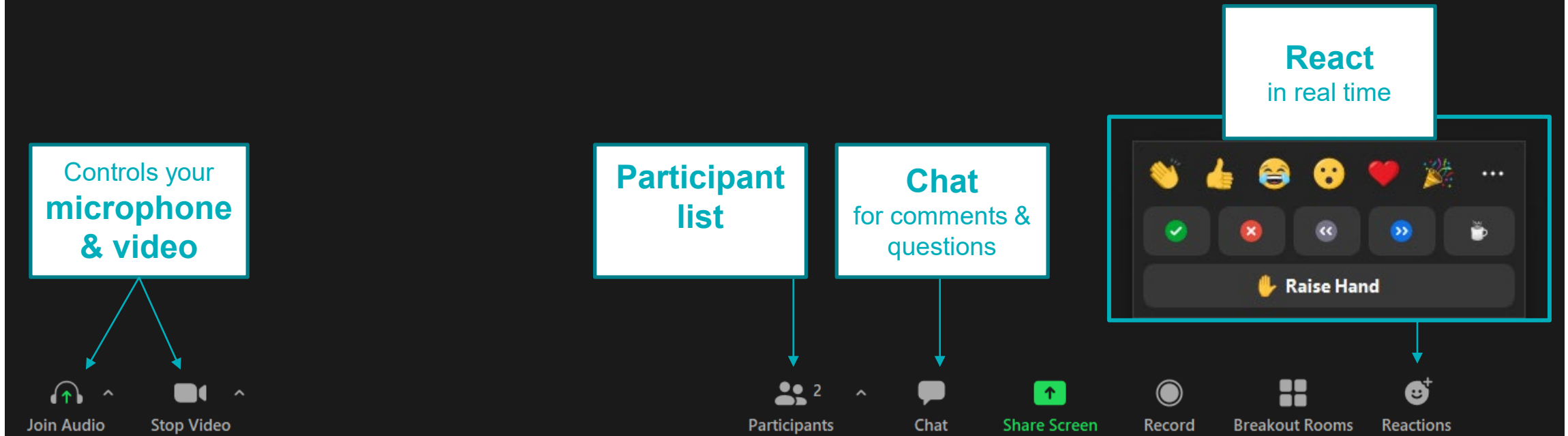


Director, Pediatrics Rehabilitation,  
Glenrose Rehab Hospital

**Curtis Perrott**



# Get ready! We want your participation!





**What's for lunch?!**

# Our Celebration

- ▶ Reflection
- ▶ PEAS Updates
- ▶ Jeo**PEAS**dy
- ▶ Evaluation Results
- ▶ Sustainability Plans
- ▶ Temperature Check
- ▶ Wrap-up and Next Steps
- ▶ Closing Celebration



# Reflection

A close-up photograph of pea plants with green pods and leaves, set against a bright, sunlit background. The word "Reflection" is overlaid in white text on the left side of the image. The scene is bathed in warm, golden light, likely from the sun low in the sky, creating a soft glow and highlighting the textures of the leaves and pods. The background is a dense field of similar plants, slightly out of focus, emphasizing the foreground details.



# Project Timeline:



## We started with:

- World Cafes
- Launched committees
- Baseline evaluation

## Implemented:

- Website
- Clinical Practice Guide
- Point of Care tools
- Support for families

## We continued to:

- Train staff
- Host ILC workshops
- Evaluate outcomes
- Engage stakeholders

## We are now:

- Sustainability Planning
- Transition to Operations

**Annual Innovation Award**  
2020 - 2021  
University of Alberta  
Pediatrics

**CARES Award**  
– Patient / Client Care  
Nov 2022  
Alberta Health Services

# Team Participation

## Edmonton Zone

- Stollery Aspiration Clinic
- Stollery Aerodigestive Clinic
- Stollery Feeding & Swallowing Clinic
- Stollery Home Nutrition Support Program
- Glenrose Feeding & Swallowing Clinic
- Onboarding: Home Care
- Onboarding: Pediatric Community Rehabilitation

## Calgary Zone

- ACH Eating, Feeding, Swallowing Clinic
- ACH Cleft Lip & Palate Clinic
- ACH Home Nutrition Support Program (HNSP)
- ACH Early Childhood Rehabilitation
- ACH Neonatal Follow-up Clinic
- ACH Complex Airway Clinic
- Calgary Pediatric Home Care
- Calgary Zone Pediatric Community Rehabilitation
- Calgary Zone Rural Pediatric Allied Health



## North Zone

- North Zone - Grande Prairie
- North Zone - Other

## Central Zone

- Community Pediatric Rehabilitation

## South Zone

- Medicine Hat Regional Hospital Pediatric Specialty Clinic
- SW Alberta Children's Eating, Feeding, and Swallowing Services



# **Team Spotlight**

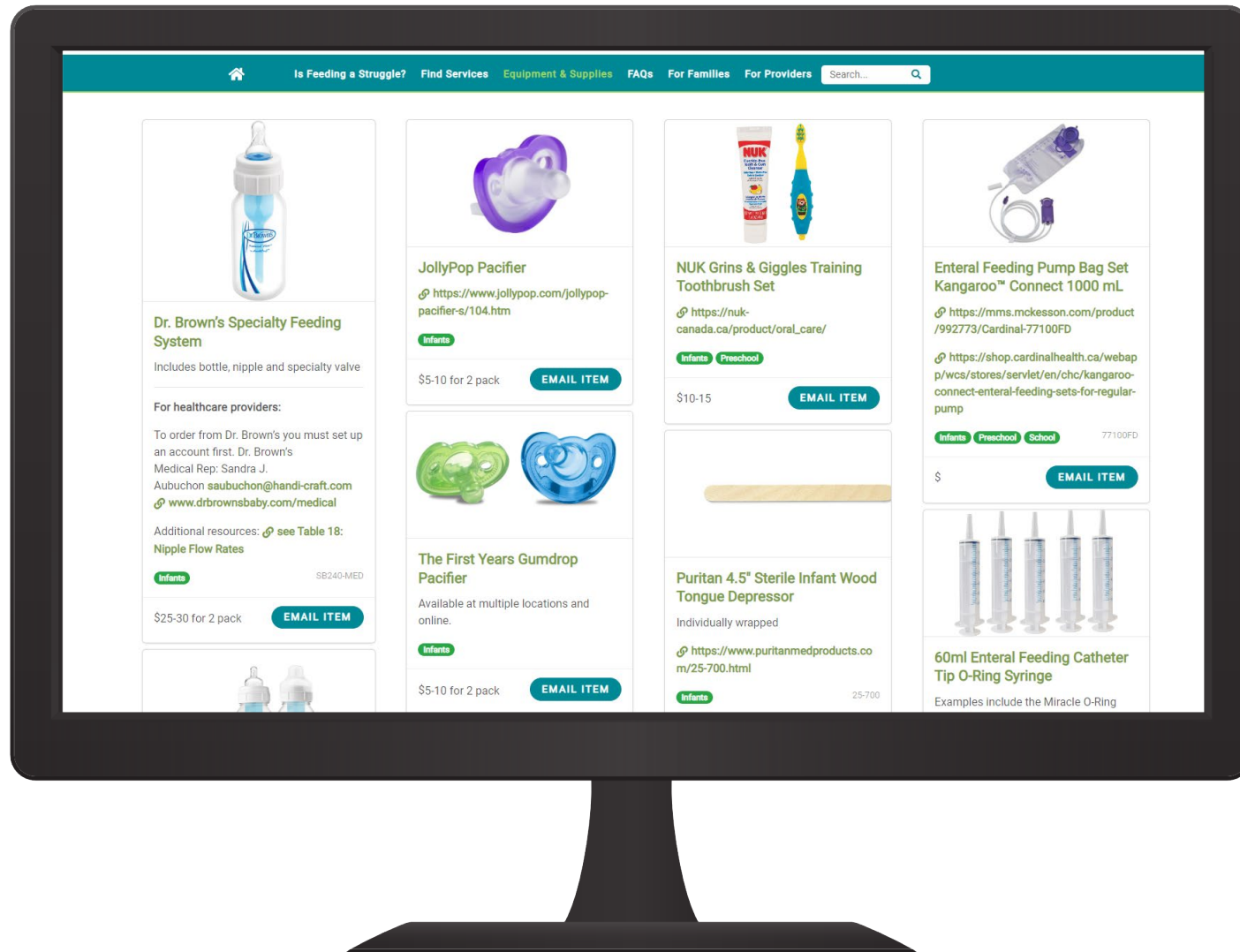
# North Zone – Grande Prairie



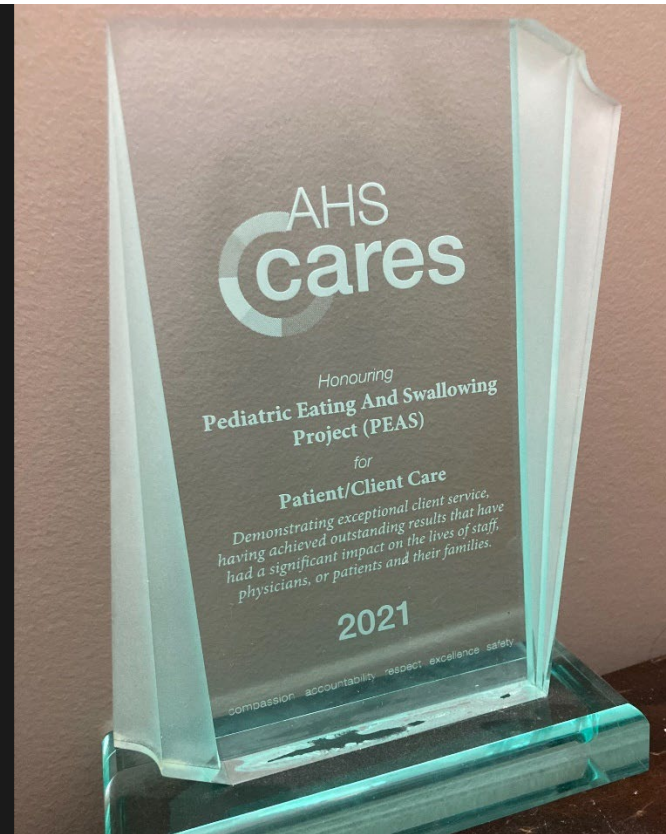
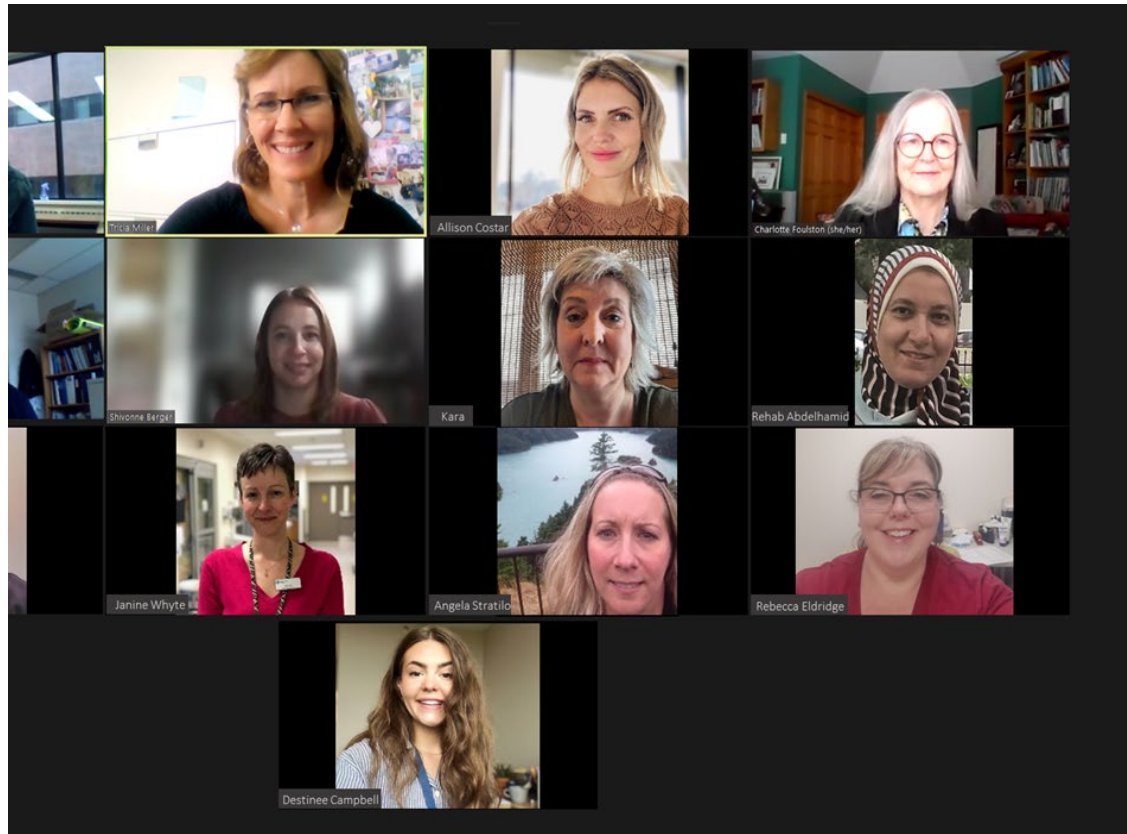
# ACH Site-Wide Feeding Teams



# Equipment & Supplies Working Group



# Medicine Hat Pediatric Specialty Clinic



# Updates





## PEAS shortlisted to apply for:

**HEALTH QUALITY  
COUNCIL OF ALBERTA**

---



Award recipients will be announced April 2023

# International Pediatric Feeding Disorders Conference

- April 13-14, 2023 | Virtual
  - <https://www.feedingmatters.org/conference/>
  - PEAS will sponsor up to 4 members / team
  - PEAS invited to present on the quality improvement results
- 

## Discounted rate for AHS & Covenant staff

Ticket Type (early bird pricing through March 1, 2023) \*

Community Member (\$150.00)
<del>Pre-Conference ONLY Regular Rate (\$50.00)</del>
Pre-Conference ONLY Family Rate (\$10.00)
Pre-Conference ONLY Student Rate (\$20.00)
Shannon Goldwater Family Forum ONLY (\$5.00)
<b>Alberta Health Services (\$176.00)</b>
PF Mentorship Group (\$187.00)
Feeding Matters Volunteer (\$176.00)



# PEAS Webinars – update

## For Families

### Tips for Success: Getting Through Mealtime Struggles

- Launched early February
- 5-part webinar series has been very well received!
- Working on advertising to families

## For Providers

### What's New in the PEAS CPG

- May 2023 corresponding with an update to the CPG

## Tips for Success webinar series

1026 views as of Feb 27!



### Introduction and Navigation | Tips for Success - Getting Through Mealtime Struggles

AHS Pediatric Eating And Swallowing • 381 views • 3 weeks ago



### Connections | Tips for Success - Getting Through Mealtime Struggles

AHS Pediatric Eating And Swallowing • 303 views • 3 weeks ago



### Child Development | Tips for Success - Getting Through Mealtime Struggles

AHS Pediatric Eating And Swallowing • 200 views • 3 weeks ago



### Nutrition | Tips for Success - Getting Through Mealtime Struggles

AHS Pediatric Eating And Swallowing • 155 views • 3 weeks ago



### Environment and Routine | Tips for Success - Getting Through Mealtime Struggles

AHS Pediatric Eating And Swallowing • 104 views • 3 weeks ago

[CLICK HERE TO LEARN WHAT'S NEW](#)

## Find relevant information

For families and care providers of children with a pediatric feeding disorder

[FOR FAMILIES](#)

[FOR PROVIDERS](#)



### Popular Resources for Families





## Call for Expressions of Interest

### Background Information

[↗](#) **Pediatric Eating And Swallowing (PEAS)** is a quality improvement initiative to standardize services and improve care for children with pediatric feeding disorder in Alberta. As many of you know, AHS has invested time and resources to PEAS and the project is in final stages and wrapping up in June. PEAS will move over to operations to provide ongoing support for children and families with pediatric feeding disorder through Community of Practice (CoP) leadership and maintenance of the PEAS clinical pathway resources.

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- Rotate hosting a 1-1.5 hour CoP 4 times a calendar year (estimated months of April, June, October, January)
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- Support the PEAS CoP for a 1 year term with the option to renew
- Lead, maintain, and monitor the online [↗](#) **CoP SharePoint**, and coordinate any additional provincial education workshop(s) such as PracticeWise or inviting a speaker (approximately 1/year) with support from AHS Allied Health Professional Practice and Education
- Collaborate to report to the PEAS Leadership Team

### Next steps

Reach out to your AHS manager about your interest. If your manager can support your time to facilitate the PEAS CoP, please contact [PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca) to indicate your formal Expression of Interest (PEAS CoP Facilitator Expression of Interest - email subject line). Please include a brief paragraph (3-5 sentences) outlining your interest and qualifications by Mar 24, 2023.



**Deadline  
for EOI:  
Mar 24**

[https://peas.ahs.ca/page/10523/  
Community-of-Practice-  
Facilitators](https://peas.ahs.ca/page/10523/Community-of-Practice-Facilitators)

# Token of Appreciation 😊



front



back



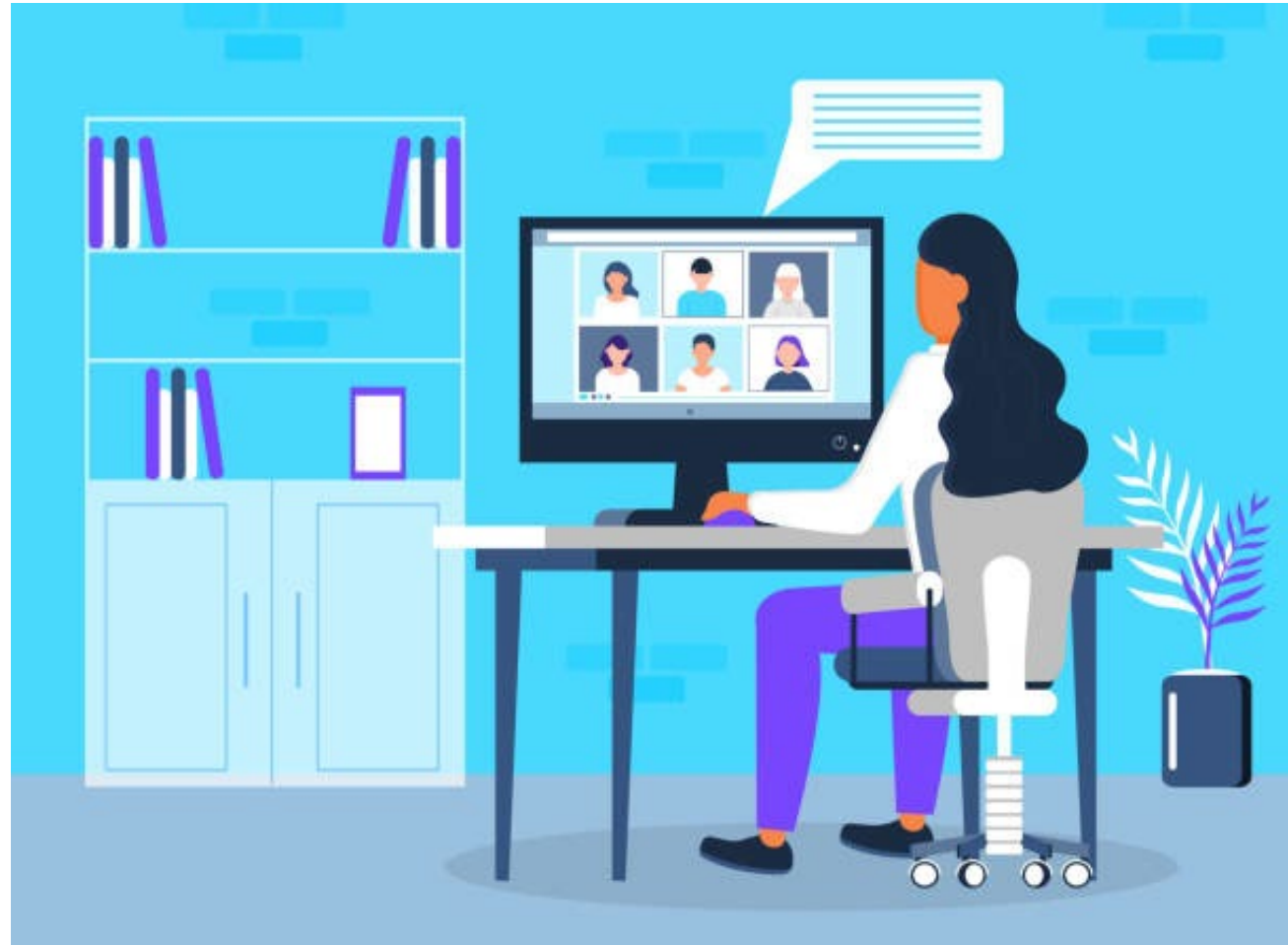
# **Team Spotlight**

# Glenrose Pediatric Feeding/Swallowing Team





# North Zone - Other



# Stollery Home Nutrition Support Program

Home  
Blended Foods  
Video Series

Keri Fehler & Kristina Van Nest,  
Registered Dietitians

 Alberta Children's Hospital  
1922 - 2022  
Celebrating 100 Years of Hope + Healing

 STOLLERY CHILDREN'S HOSPITAL

 Alberta Health Services  
Pediatric Eating And Swallowing

 WK Wellness Kitchen



**Helping your Child Learn to Bite and Chew**

How do I know my child is ready to bite and chew food?

When you

- Is at least 12 months old
- Shows interest in reaching for food
- Can sit upright
- Opens mouth when food is offered
- Can move food around in the mouth
- Can swallow
- Is starting to use the tongue to push food around

**Learn it**

First step

- Encourage your child to explore food with their mouth
- Be patient and encourage your child to try new foods

**Alberta Health Services**

**Pediatric Oral Feeding Care Plan**

Developed And Shared with (Name of family Member)

Child's Preferred Name (Last name, first name)

Medical Condition(s)

Food Restrictions or Allergies

Last Name (Legal) \_\_\_\_\_ First Name \_\_\_\_\_  
 Preferred Name Last First \_\_\_\_\_ DOB \_\_\_\_\_  
 PHN \_\_\_\_\_ ULI Same as PHN \_\_\_\_\_  
 Administrative Gender  Male  Female  Non-binary/Prefer not to disclose (X) \_\_\_\_\_  
 Date (dd-Mon-yyyy) \_\_\_\_\_

For each, please click on the links provided below

(3)

(9)

For each, please click on the links provided below

**Additional Precautions**

No

**Additional Drinking** e.g., supervision required, assistance required



# Standardized Practice & Education Working Group

Thank you to all members who contributed, including those not pictured here!



**PEDIATRIC FEEDING DISORDER**  
 Clinical Practice Guide for  
 Healthcare Professionals





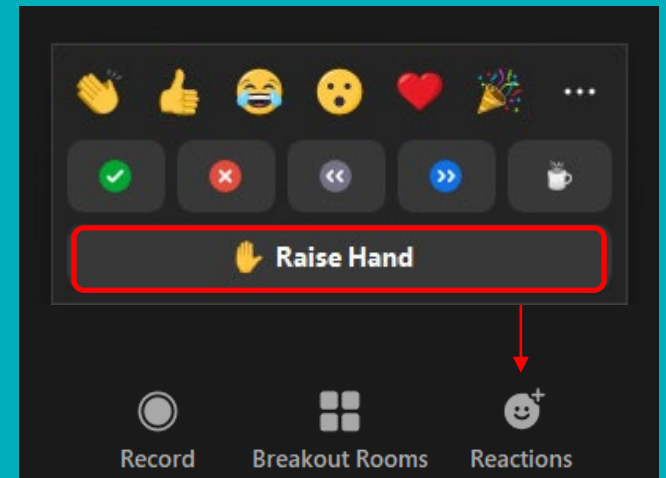
# JEOPARDY!

## Teams:

Teams	Edmonton Zone	North, Central, South Zone	Calgary Zone
Captain	Curtis Perrott	Julie Evans	Natasha Tiemstra

## Rules:

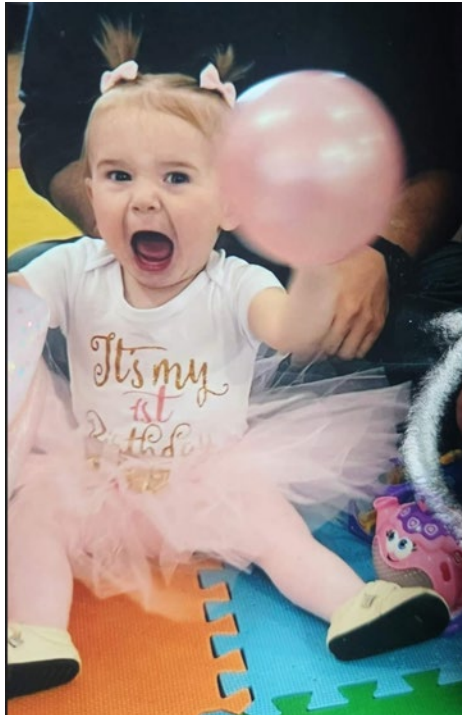
- When a category and amount has been selected, the host will read the answer
- Contestants (all of you) ring in using **“Raise your hand”**
- The first person to raise their hand will be called on to respond in the form of a question
- Team captains will keep track of the points and place a wager during Final Jeopardy





# **Team Spotlight**

# Calgary Zone Pediatric Home Care



Taylor  
Thank you for believing in our miss  
Malayah long before we were able to  
thank you for pushing for us to be  
connected with Dr. Weiner! Thank you for  
crying with me when days were really hard  
& scary. You made a difference to our  
stay and we are forever grateful  
we were put with an amazing home  
care nurse ♡  
Our messy girl is walking, "talking" and  
living life...and so am I ♡  
Jame, Keegan + Malayah

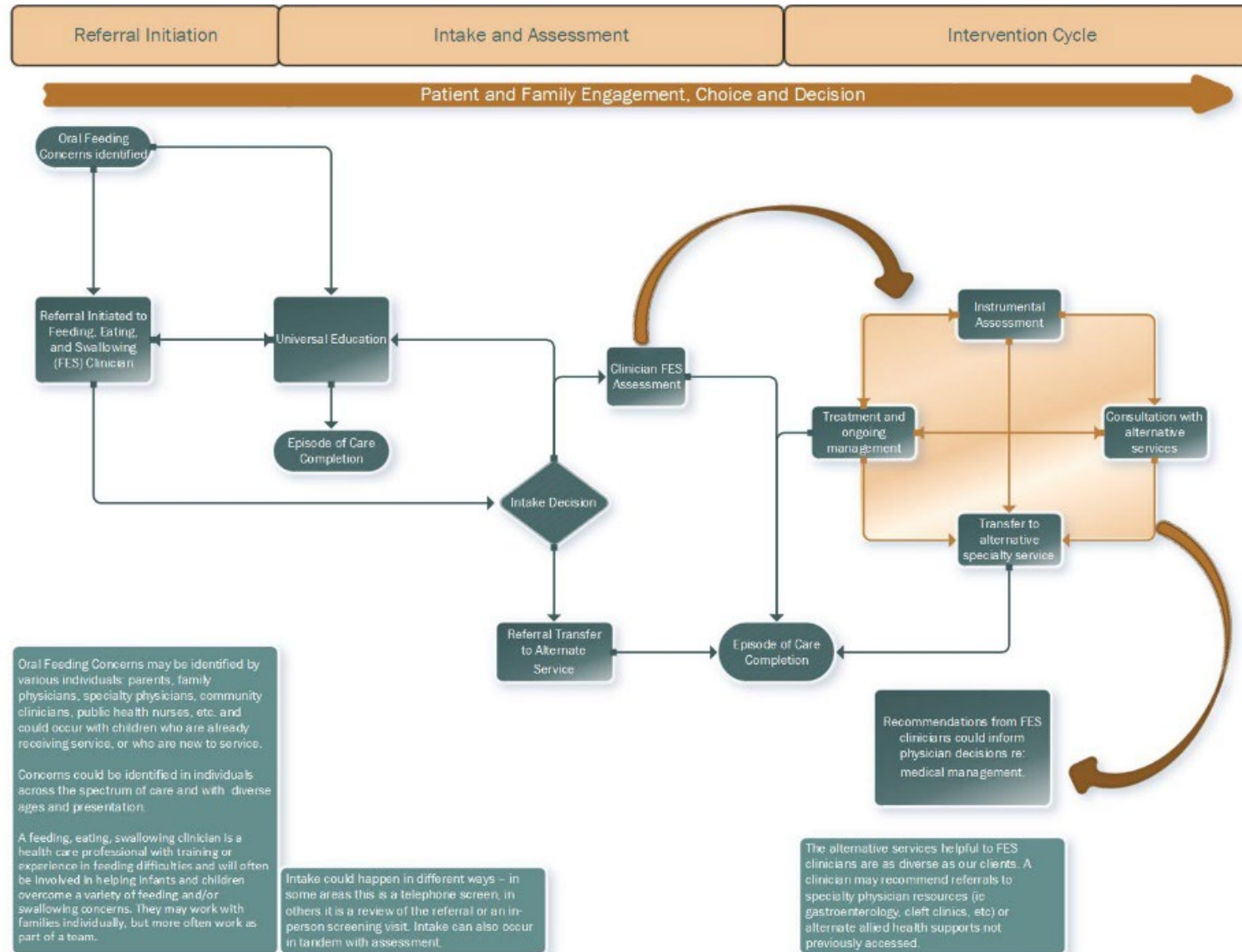




# South West Eating Feeding and Swallowing



# Access & Navigation Working Group



# Calgary Zone Pediatric Community Rehab Feeding Team

## Collaborative Goal Wheel



Last Name (Legal)		First Name (Legal)	
Preferred Name <input type="checkbox"/> Last <input type="checkbox"/> First		DOB (dd-Mon-yyyy)	
PHN	UUI <input type="checkbox"/> Same as PHN	MRN	
Administrative Gender <input type="checkbox"/> Male <input type="checkbox"/> Female		<input type="checkbox"/> Non-binary/Prefer not to disclose (X)	

### Goal Wheel

#### Collaborative Goals and Treatment Plan

Developed and Shared with (family member) \_\_\_\_\_

Date (dd-Mon-yyyy) \_\_\_\_\_

**Action/Task**

**Action/Task**

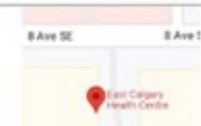
**Action/Task**

**Action/Task**

**Goal Statement**

Goal Notes/Considerations:

Follow Up



Healthcare Provider (Name) Designation/Contact information

**RD OT SLP TA** 403-910-2070

# Evaluation Working Group



# Evaluation



Pediatric GI, Stollery

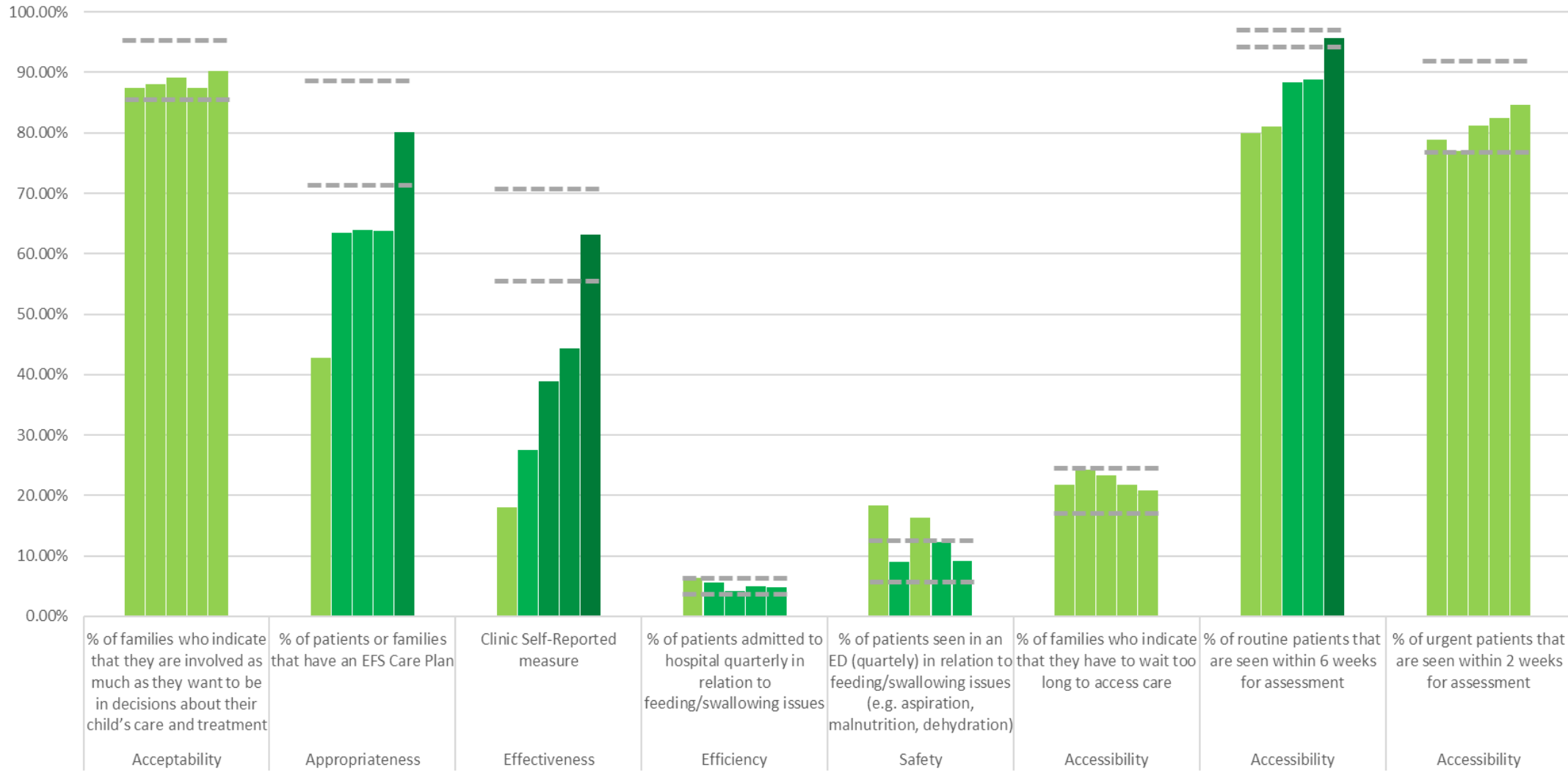
Dr. Justine Turner



Manager, Audiology and  
Children's Allied Health

Mark Moland

# PEAS Provincial Key Performance Indicators: Spring 2021 | Summer 2021 | Winter 2021/22 | Spring 2022 | Fall 2022

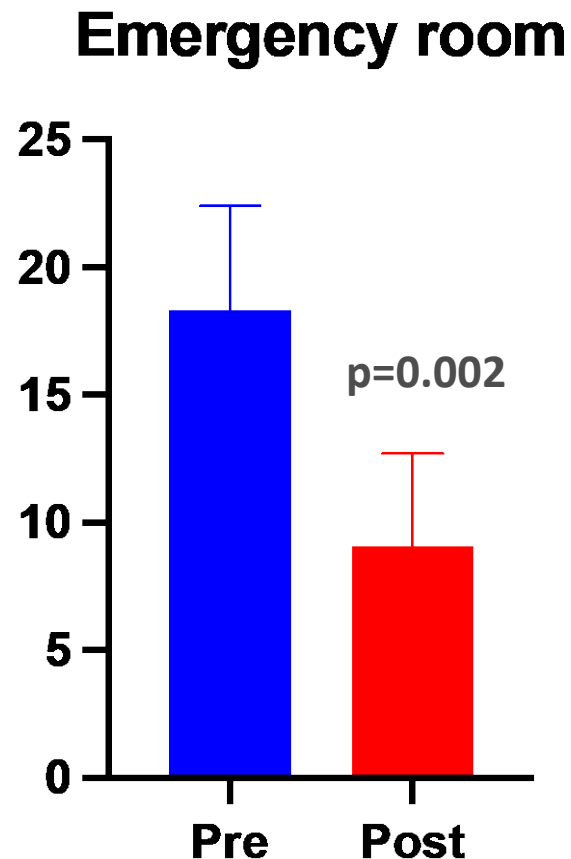
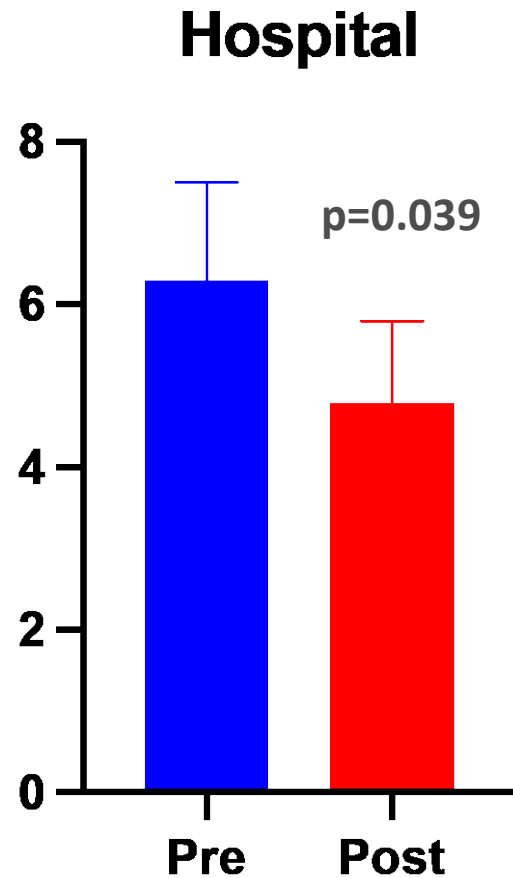


- Improved
- No change
- Worsened
- 95% CI

**Desired Direction:**

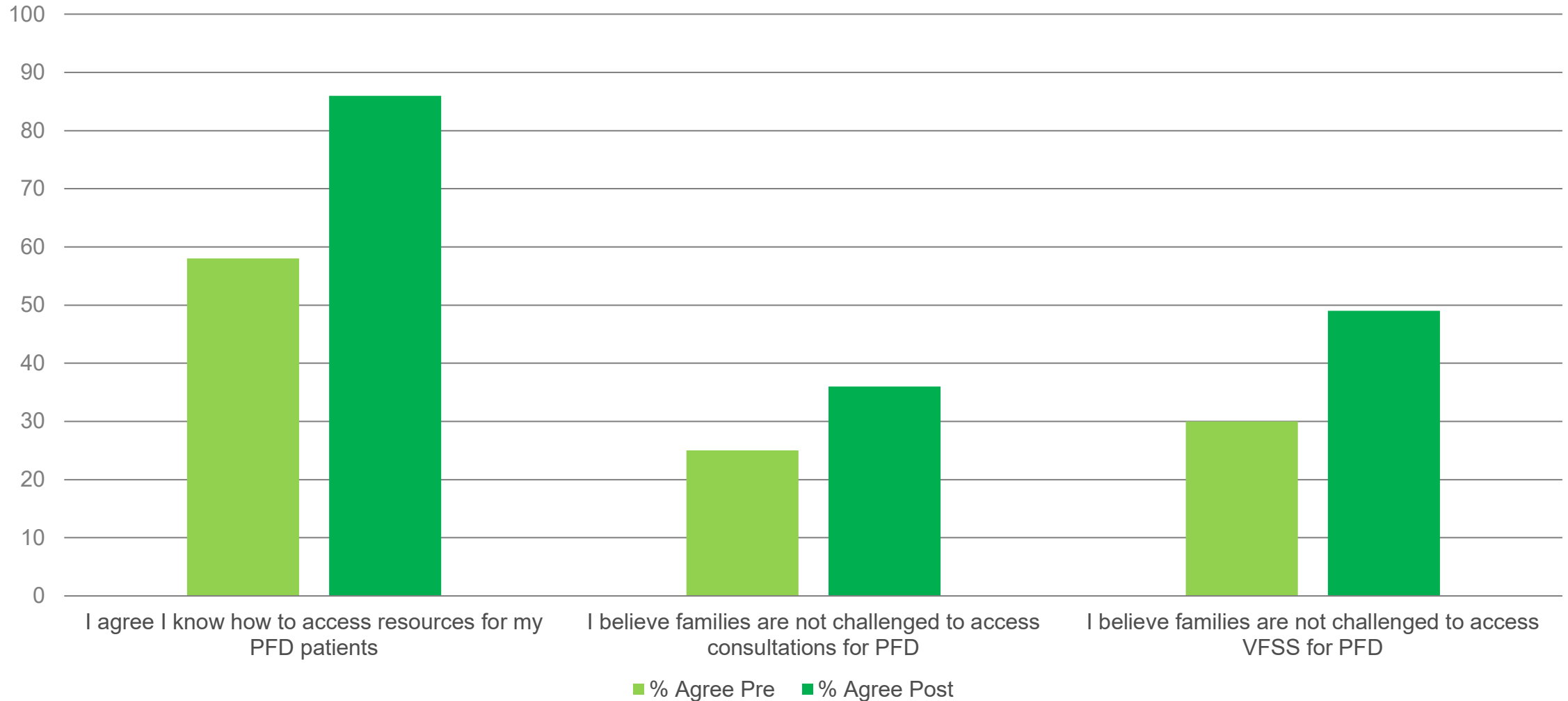


# Health Utilization Pre & Post Implementation (% seen)



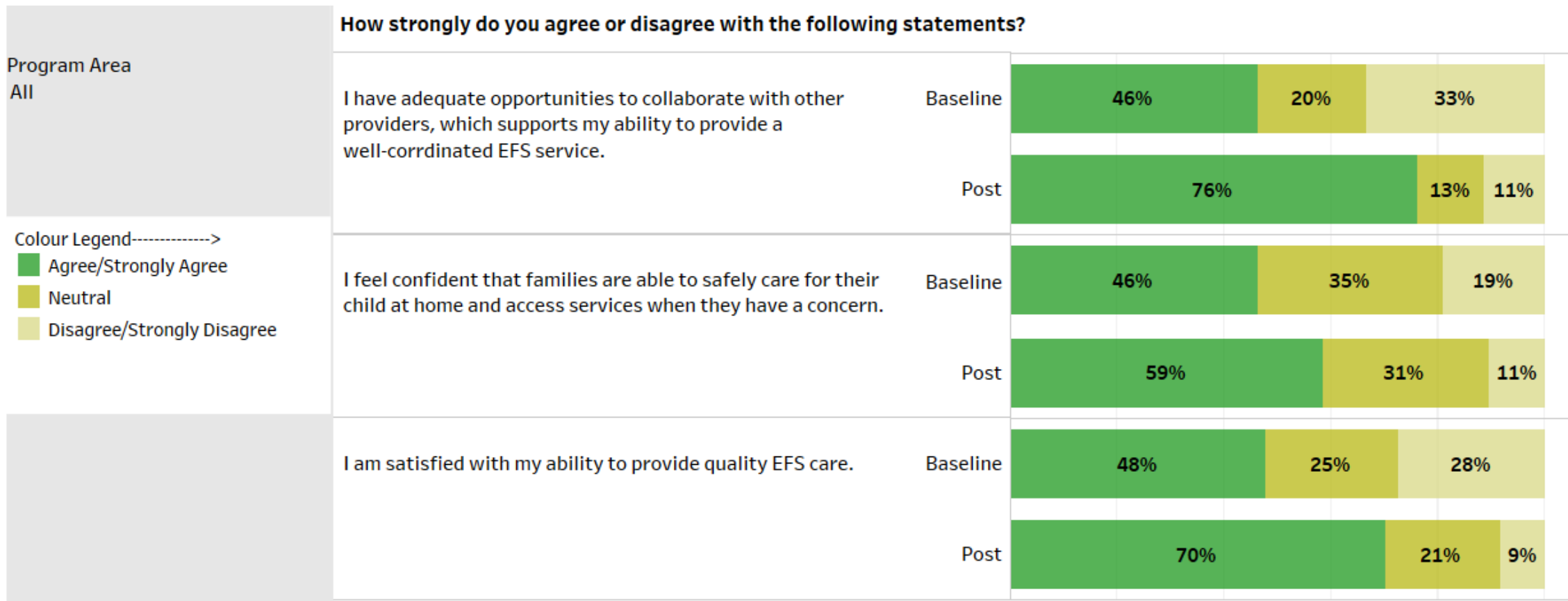
# Healthcare Provider Survey

<https://tableau.albertahealthservices.ca/#/workbooks/37129/views>



# Healthcare Provider Survey

<https://tableau.albertahealthservices.ca/#/workbooks/37129/views>





# Healthcare Provider Survey

<https://tableau.albertahealthservices.ca/#/workbooks/37129/views>

## Training Needed

**Select Filters:**

In order to provide quality care, I need more training to learn more about (select all that apply):

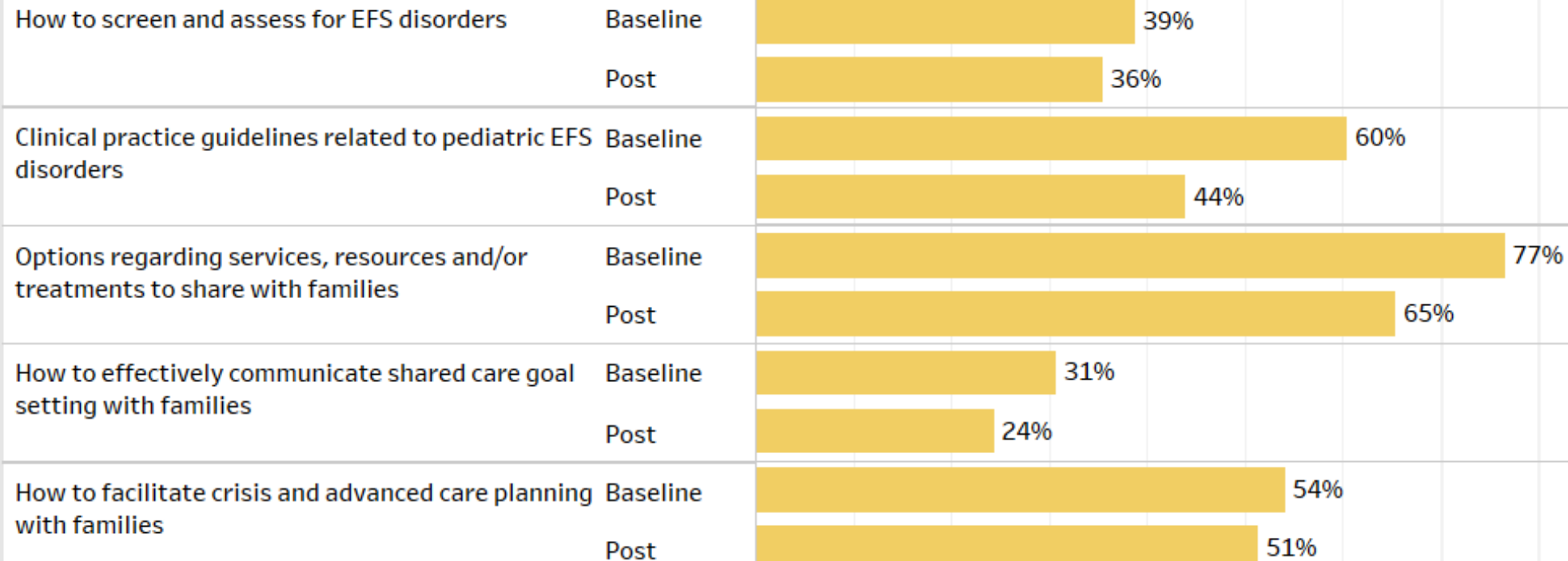
Role  
All

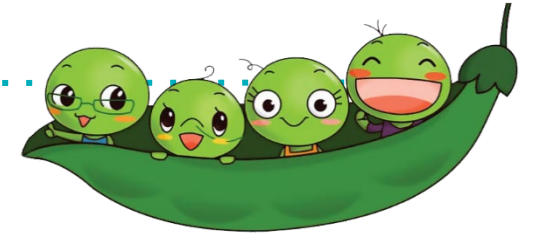
Years Experience  
All

Zone  
All

Program Type  
All

Program Area  
All





# Provider Focus Groups

## Provider focus groups (n=29)

- Multidisciplinary representation
- Improved awareness of roles and collaboration
- Website tools and training are helpful in standardizing care
- More families could benefit if PEAS broadened its scope beyond complex patients

# Family Focus Groups

## Family focus groups (n=13)

- Effective parent-provider relationships
- Virtual consults enhanced accessibility
- Lack of tube weaning resources
- Communication gap between providers and lack of a coordinated plan
- Underutilization of PEAS tools



**Tell your families about PEAS!**

[peas.ahs.ca](https://peas.ahs.ca)





# **Team Spotlight**

# ACH Home Nutrition Support Program



# Central Zone

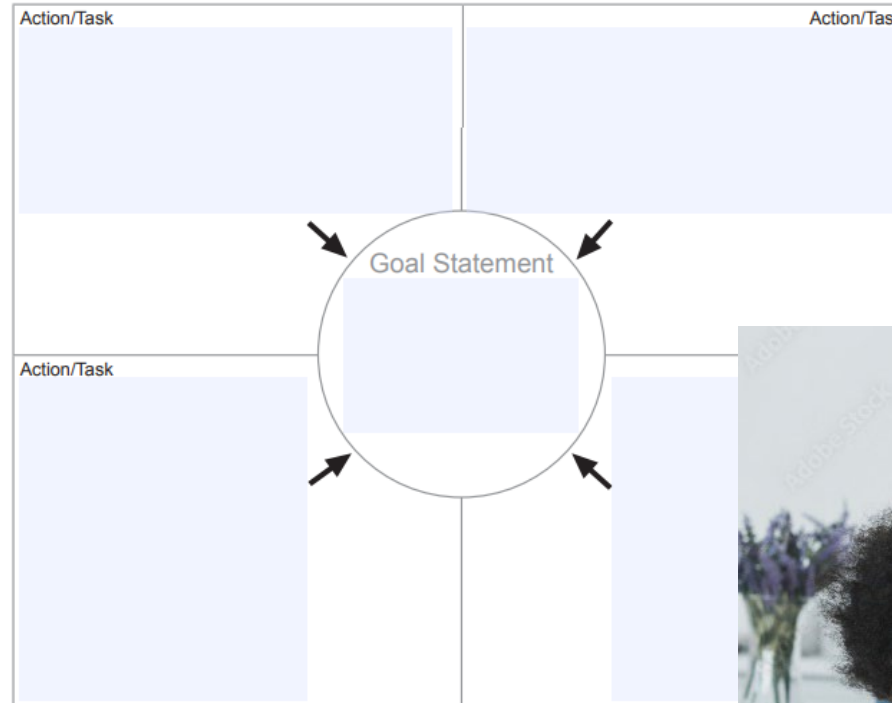


Last Name (Legal)		First Name (Legal)	
Preferred Name <input type="checkbox"/> Last <input type="checkbox"/> First	DOB (dd-Mon-yyyy)		
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<input type="checkbox"/> Non-binary/Prefer not to disclose (X)			

**Goal Wheel**

**Collaborative Goals and Treatment Plan**

Developed and Shared with (Name of family member) \_\_\_\_\_ Date (dd-Mon-yyyy) \_\_\_\_\_



Goal Notes/Considerations: \_\_\_\_\_

Follow Up \_\_\_\_\_

Healthcare Provider (Last name, first name)	Designation
Signature	Contact Information



# Rural Pediatric Allied Health – Calgary Zone



## CAPACITY BUILDING



feedback



# Roles and Implementation Working Group

Current State



Future State



The **care team** is built **around the child and family** and **from their perspective**, rather than by discipline, geographic area, or clinical program.



# Sustainability Plans



Practice Director, Provincial  
Speech-Language Pathology

**Julie Evans**



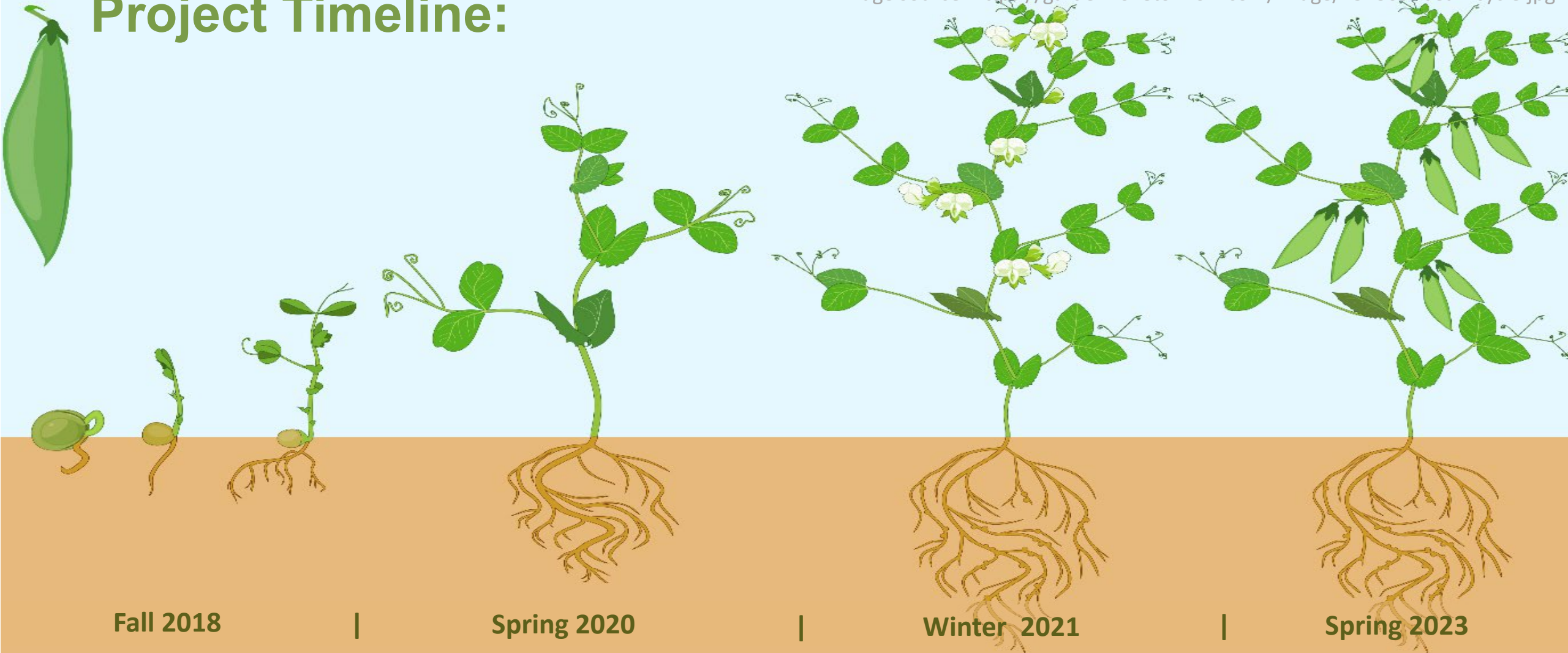
Director, Pediatrics Rehabilitation,  
Glenrose Rehab Hospital

**Curtis Perrott**



# Project Timeline:

Image source: <https://garden.lovetoknow.com/image/252305~bean-cycle.jpg>



Fall 2018

Spring 2020

Winter 2021

Spring 2023

## We started with:

- World Cafes
- Launched committees
- Baseline evaluation

## Implemented:

- Website
- Clinical Practice Guide
- Point of Care tools
- Support for families

## We continued to:

- Train staff
- Host ILC workshops
- Evaluate outcomes
- Engage stakeholders

## We are now:

- Sustainability Planning
- Transition to Practice & Operations

# Sustainability

## What does this mean?

- Focus on maintaining the gains
- Ensuring improvements are part of everyday practice
- Scaling back project management and simplifying our governance structure
- Your support and commitment are crucial



# Local Sustainability Plans

## Local Team progress

- 17 teams completed Sustainability Plans, 2 are in progress, onboarding new teams
- Teams are actively implementing sustainability plans  
eg: using Goal Wheel & Care Plans, improving workflow, updating orientation and training, including PEAS as a standing agenda item, hosting collaborative case conferences, etc...



# Local Sustainability Plans

## PEAS Team Leads:

- Continue to **update your plans** on the PEAS SharePoint – it is a living document
- Regularly **communicate** with your leaders regarding progress and your support needs
- Lead **continuous quality improvement** including evaluation

## Everyone:

- **Implement** your Sustainability Plans
- Maintain **local training and competencies**
- Engage in the **Community of Practice**



# Provincial Sustainability Plans

## What we heard from you

- Ongoing **leadership & support** is critical
- **Provincial resources** are practical and valuable; important to keep our content updated
- PEAS has **great momentum** and there's still **room for improvement**
- You are **invested** and want to stay actively involved in high value activities
- You appreciate **professional development and provincial collaboration**



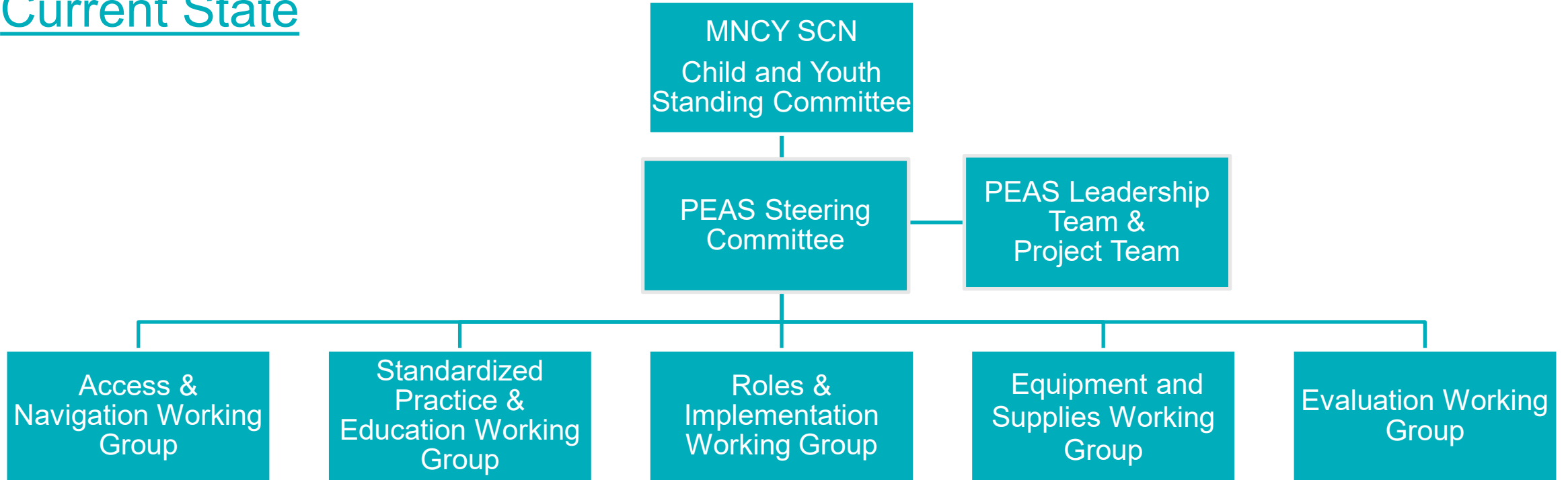
# Provincial Sustainability Plans

- Executive leadership
- Maintain relevant resources, updated less frequently
- Monitor and champion continuous quality improvement
- Ongoing opportunities for provincial collaboration and professional development
- Open 2-way communication



# Provincial PEAS Governance Structure

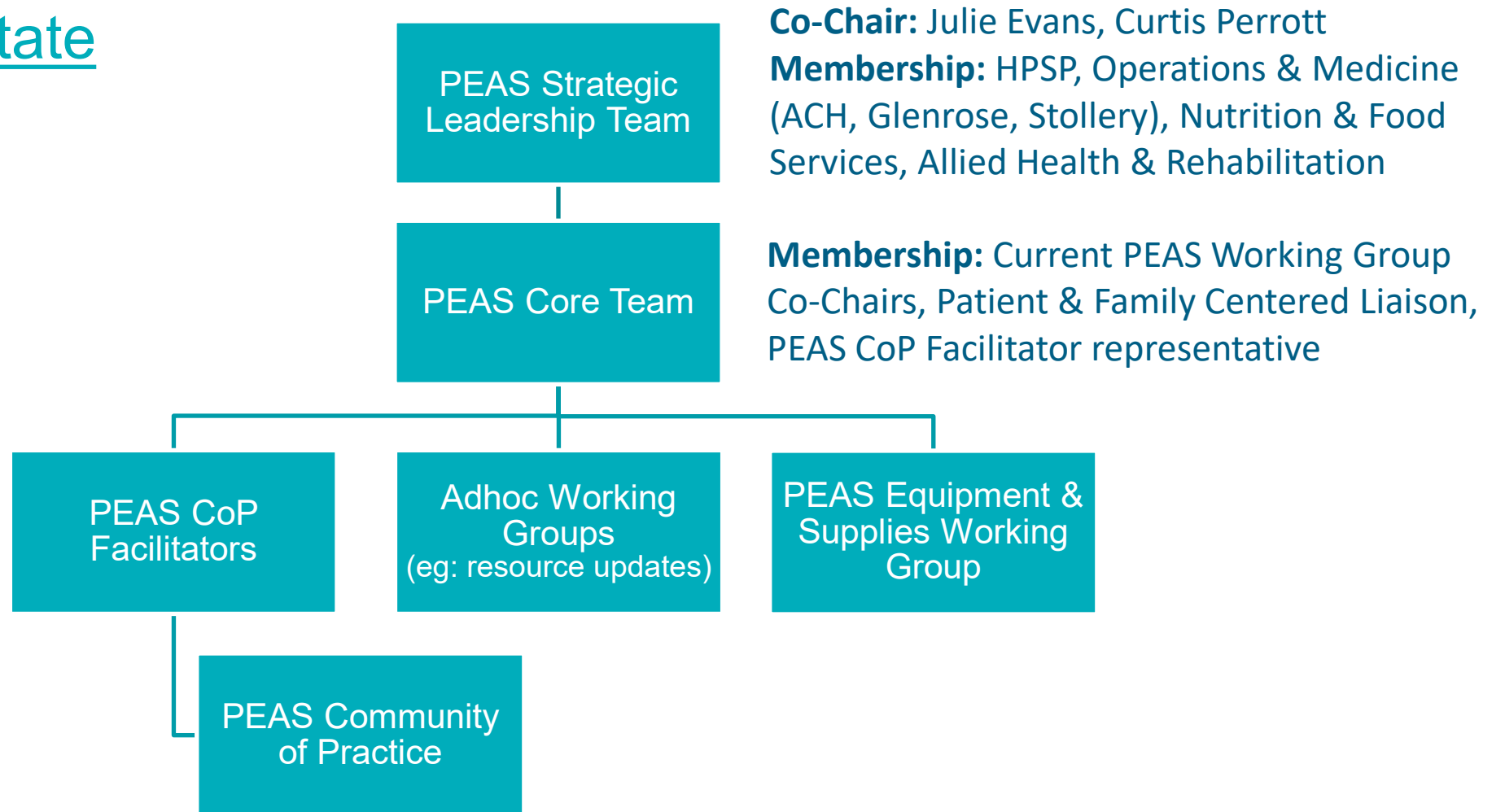
## Current State





# Provincial PEAS Governance Structure

## Draft Future State





# **Team Spotlight**

# PEAS Steering Committee & Working Groups



# Provincial Sustainability Plans

## PEAS Community of Practice (CoP)


- Continue online CoP SharePoint
- Quarterly virtual meeting led by clinicians for clinicians
- Facilitated by Subject Matter Experts from each Discipline (eg: SLP, OT, RD, RN, MD, LC, Psychology, Psychiatry)





## Call for Expressions of Interest


### Background Information

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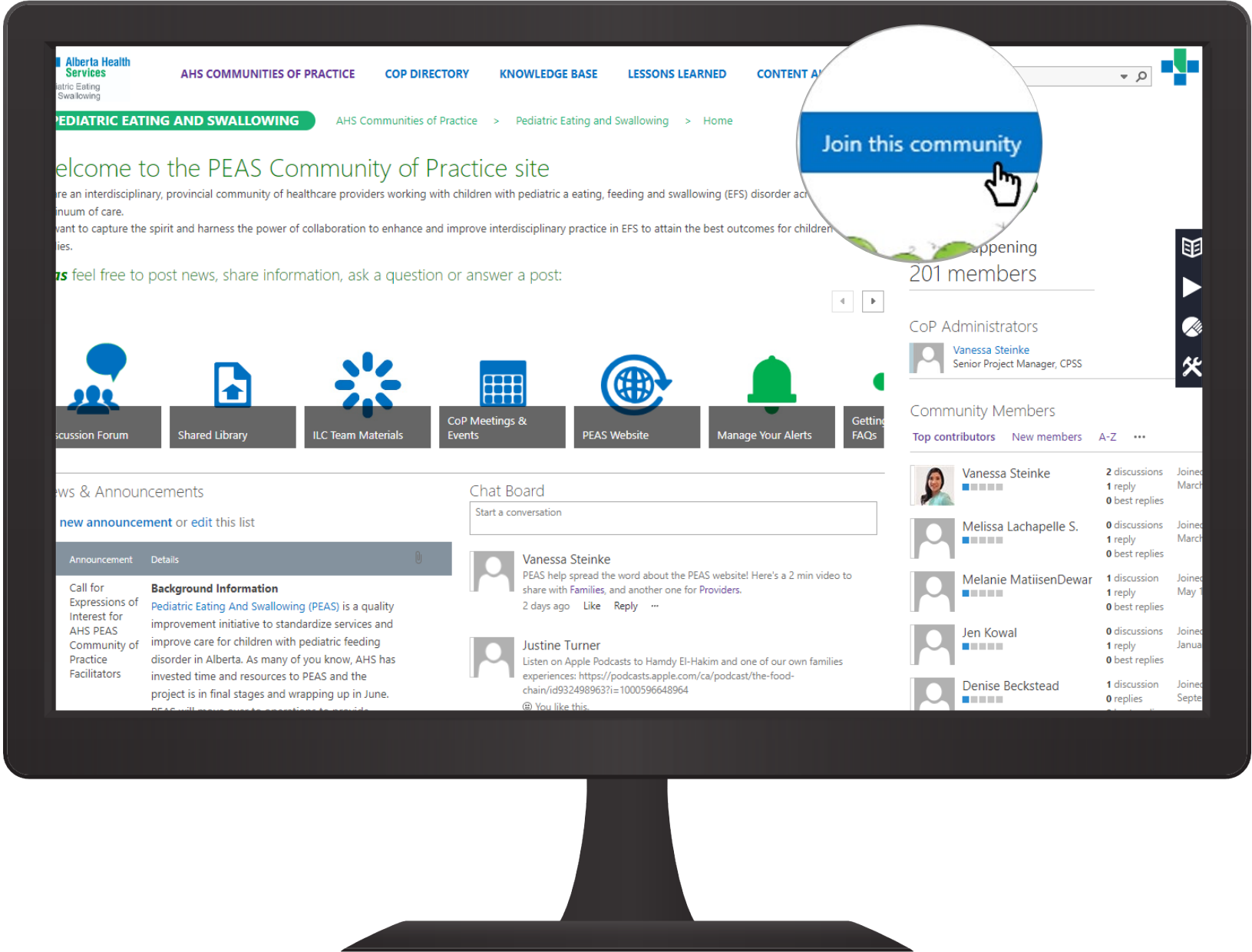
[https://peas.ahs.ca/page/10523/  
Community-of-Practice-  
Facilitators](https://peas.ahs.ca/page/10523/Community-of-Practice-Facilitators)

# Provincial Sustainability Plans

## PEAS Community of Practice (CoP)

- **CoP Kick-Off**  
Topic: Family Centered Care  
April 25 from 2-3pm
- **Next CoP** to be planned by the  
new CoP Facilitators  
Jun 20 from 2-3pm





<https://share.ahs.ca/teams/CoP/PEAS/SitePages/Home.aspx>

# Provincial Sustainability Plans

## Continuous Quality Improvement

1. Basic PEAS dashboard:  
Self-Reporting tool with 10 steps to implementing PEAS and reporting on wait time estimates
2. Teams are encouraged to use the Rehab Model of Care Surveys for patient experience and outcomes



**“What gets measured gets managed”**  
- Peter Drucker



# Provincial Sustainability Plans

## Provincial Rhythms

- Quarterly virtual CoP meetings (excluding summer)
- Quarterly review of CoP Dashboard
- Annual review of the Change Request Log  
(eg: handouts, equipment list, website content, CPG changes, etc...)  
*Please contribute anytime!*
- Ongoing professional development opportunities
- Clinical Practice Guide: update every 3-5 years



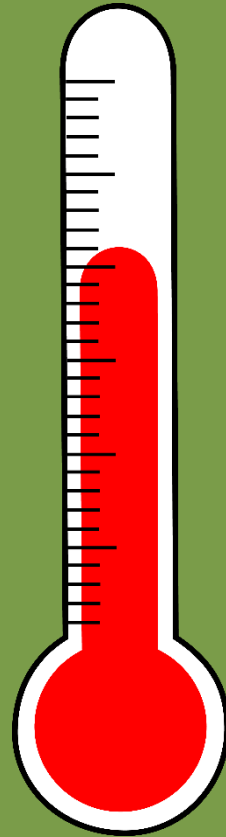
# Provincial Sustainability Plans

## Summary

- Local effort = collective success
- Simplifying PEAS governance & strengthening the Strategic Leadership Team
- Website & tools will continue to be updated
- Community of Practice needs YOU
- 1-2 provincial professional development opportunities / year
- Ongoing evaluation plan & simple dashboard
- Communication is critical!



# Provincial Sustainability Plans



# Wrap Up & Next Steps



# Next Steps

## 2023 Timelines to Transition to Operations

- Mar 24: Expression of Interest for CoP Facilitators closes
- Apr 11: Announce CoP Facilitators
- Apr 12-13: International Pediatric Feeding Disorder Conference
- Apr 18: Provincial Sustainability Plan & Dashboard drafted
- Apr 25: CoP Kick-off
- May: Webinar – What’s new in the PEAS CPG?
- Jun 20: CoP #2
- June 30: Project Close Out



# Big PEAS & Thank YOU!



# Big PEAS & Thank YOU!

- Family Advisors
- Frontline Teams
- PEAS Team Leads & Facilitators
- Working Group Co-chairs & Members
- Steering Committee & Leadership Team
- AHS IT Clinical Services Development, MNCY SCN, Knowledge Management, Clinical Analytics, Clinical Project Support Services



